



# Get Silly And Sing

Help your baby build connections and grow their brain for listening and spoken language. Providing meaningful listening and talking experiences every day can grow your baby's future.

## GOOD TO KNOW

**Singing is an important activity you can do with your baby to grow their brain for listening and talking.** You don't have to know a lot of songs or even have a good singing voice. Maybe there's a song that your family has always enjoyed with little ones. If not, you can always make up your own songs or use words in a singsong way.

## TRY

If you're rocking or bouncing your baby on your lap, repetitively sing the following phrases: "1-2-3 bounce-bounce-bounce. Up & down, up & down."

Don't be afraid to be a "Drama Momma" or a "Dramatic Daddy" by making your voice go up in pitch when saying "up" and down in pitch when saying "down."

## OBSERVE

**How does your baby respond to your singing?**

If you pause, does your baby show you they want you to continue?



## REMEMBER

No matter what you sing to your baby, have fun! Whether it's a childhood classic like "Twinkle, Twinkle, Little Star" or a new tune that you made up on the fly, you're helping your baby's brain grow.

Your singing is better than listening to music early on to help your baby learn to listen and talk, however listening to music is also a great activity to do with your baby.